

Menu

Old  
**ITHAKI**  
since 1988

30 years anniversary















# appetisers



Bread	per person / 1.50€
Pita bread	per person / 1.50€
Garlic bread with cheese	per person / 3.50€




## Cold Appetizers

<b>Olives</b>	4.00€	
<b>Tzatziki</b>	5.90€	
<b>Hummous</b>	5.90€	
<b>Eggplant Salad</b> with mayonnaise and herbs	5.90€	
<b>Taramosalata</b> fish roe dip with olive oil and lemon	5.90€	
<b>Tyrokafteri</b> hot cheese spread with red pepper flakes	5.90€	



## Cheeses

<b>Feta cheese</b>	4.00€
<b>Graviera</b> Cretan cheese	5.90€
<b>Fried cheese "Saganaki"</b>	7.90€
plain or with extra homemade tomato marmalade	
<b>Spicy fried Feta cheese "Bouyiourdi"</b>	7.90€ 
Traditional Greek Feta cheese P. D. O. in aromatic tomato sauce with bell peppers and onion	
<b>Halloumi cheese grilled</b>	6.90€
<b>Cheese balls</b> homemade	6.90€
<b>Variety of Greek cheeses</b>	14.90€



Suitable for vegetarians



Spicy





# appetisers



## Hot Appetizers

**Greek "Fava" from Santorini (P.D.O.)**  
flavored with onion, capers, parsley  
and extra virgin olive oil

7.90€ 

**Boiled wild greens salad**

6.90€ 

**French Fries**

4.00€ 


**Mushrooms flavored with balsamic syrup**

6.90€ 

**Spicy peppers grilled**

6.90€  

**Fried zucchini**

6.90€ 


**Zucchini fritters with aromatic herbs**

6.90€


**Meatballs**

7.90€

**Falafel**

7.90€ 

**Dolmadakia**

6.90€ 

**Vine leaves stuffed with rice & vegetables**


**Sausage**

6.90€

**Grilled vegetables with Halloumi cheese**  
with balsamic syrup and sesame seeds

12.90€ 

**Spinach-cheese pie**

7.50€ 



Suitable for vegetarians



Spicy





# appetisers




## Seafood Appetizers

<b>Vinegar octopus</b>	8.90€
with colourful bell peppers & aromatic herbs	
<b>Crab / Crab Clusters</b>	12.90€
grilled or sauté with butter flavored with garlic	
<b>Steamed mussels</b>	11.90€
Mussels in their shell flavored with dill, garlic, lemon & white wine	

## Marinated Appetizers

Marinated anchovies	6,90€
Marinated mackerel	6,90€
Sun-dried marinated mackerel	6,90€
Variety	12,90€



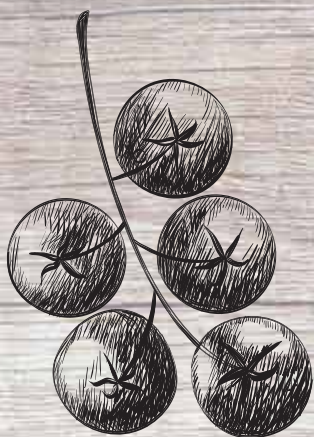
 Suitable for  
vegetarians

## Meze (varieties)

**Traditional Appetizer platter (2 people)** 18.90€  
variety of delicious appetisers from all over Greece

**Vegetarian Traditional Appetizer platter (2 people)** 16.90€   
*Our Traditional Appetizer platter in vegetarian version.  
Please ask our staff.*

**Fisherman's Appetizer platter (2 people)** 22.90€  
variety of small fried fish with  
little fried squids and little fried shrimps





# Salads



## Greek salad

tomato, cucumber, onion, bell pepper, capers, Greek Feta cheese P.D.O., Kalamata's olives, oregano and extra virgin olive oil

9,60€ 

## Cretan "Dakos" salad

Traditional Cretan rye rusk with fresh flavored tomato sauce, tomato, capers, green onion, Greek Feta cheese P.D.O., honey, thyme and extra Virgin Olive Oil

10,90€ 

## Salad with cherry tomatoes

Cherry tomatoes flavored with basil and spring onion, garnished with Greek Feta cheese P.D.O.

11.90€ 

## Caesar's salad

iceberg lettuce, fresh crispy fried chicken fillet, croutons, bacon & caesar sauce

12,90€

## Grilled Halloumi salad with cherry tomatoes

feast of vegetables with grilled Halloumi cheese flavored with honey, balsamic vinegar & sesame seeds

13,90€ 

## Old Ithaki salad

arugula, cabbage, cucumber, iceberg lettuce, green onion, capers, peeled tomato, dried tomato & Old Ithaki vinaigrette

14,90€ 

## Boiled vegetables variety

carrot, zucchini, broccoli, cauliflower, potato and season grasses, with lemon dressing

12.90€ 

## Vergina Salad

arugula, seasonal fresh fruit, cherry tomatoes, sun-dried tomatoes, pine nuts, raisins & walnuts, garnished with Parmesan & grilled cheese

14.90€ 



pair it  
with the  
cold beer



Suitable for vegetarians



Fitness







# Greek cuisine



## Moussaka

fresh ground beef 100%, eggplant, zucchini, béchamel sauce

13.90€

## Vegetable Moussaka

a different version with mixed fresh vegetables & béchamel sauce

10.90€



## Mama Eve's Ghemista (stuffed vegetables)

roasted stuffed tomatoes & bell peppers with rice, pine nuts & raisins

12.90€



## Cabbage rolls

cooked cabbage leaves stuffed with ground beef, rice & herbs

12.90€

## Giouvetsi with beef

Greek beef and macaroni casserole with tomato & herbs

14.50€

## Soutzoukakia from Smyrna

spicy beef meatballs in a tomato sauce flavored with cumin, served with french fries

12.90€

## "Kleftiko" lamb

roasted lamb in baking paper with Graviera cheese & vegetables

18.50€



## Greek cuisine (2 people)

variety of appetizers with the flavor of Greece in a plate

39.50€



Suitable for  
vegetarians



Gluten Free

## our soups

Vegetable soup

10.90€



Chicken soup

10.90€



Fish soup

12.90€



Soup of the day





# pasta



**Napolitana** 10.50€

**Carbonara** 12.50€

**Greek pasta** 12.50€ 

**Seafood linguine** 22.90€  
mussels, shrimps, squid with tomato sauce  
flavored with ouzo and fennel

**Shrimp pasta** 2 people 29.90€  
linguine with shrimps with tomato sauce  
flavored with garlic, onion, ouzo and fennel

**Lobster pasta** 47.50€  
linguine with lobster with tomato sauce  
flavored with garlic, onion, ouzo, fennel and herbs




# risotto

**Mushroom risotto** 12.90€   
with fresh mushrooms flavored with thyme & white wine

**Shrimp risotto** 16.90€  
with shrimps in cream sauce with Parmesan cheese,  
garlic, onion and crushed red pepper flakes

**Cuttlefish risotto** 14.90€  
with cuttlefish, cuttlefish ink & herbs

**Seafood risotto** 22.90€  
with shrimps, mussels & squid,  
flavored with garlic, ouzo & fennel

 Suitable for vegetarians







## meat dishes



Gluten Free

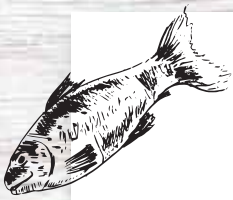


<b>Tenderloin</b> with onion and grilled tomato	16.90€
<b>Beef patties</b> with french fries, sliced tomato and tzatziki dip	12.90€
<b>Chicken gyro</b> thin strips of chicken fillet blended with Cretan graviera cheese, caramelized onions & mushrooms	18.90€
<b>Pork Souvlaki (skewer) 300gr</b> with french fries, sliced tomato, pita bread and tzatziki dip	15.90€
<b>Chicken Souvlaki (skewer) 300gr</b> with french fries, sliced tomato, pita bread and tzatziki dip	15.90€
<b>Beef Souvlaki (skewer) 300gr</b> with french fries, sliced tomato, pita bread and tzatziki dip	18.90€
<b>MIX Souvlaki (beef, pork and chicken skewers)</b> with french fries, sliced tomato, pita bread and tzatziki dip	18.90€
<b>Lamb chops</b> with french fries, sliced tomato, pita bread and tzatziki dip	18.90€
<b>Beef stable steak</b> with grilled vegetables, sliced tomato and BBQ dip	22.90€
<b>Chicken nuggets à la crème</b> crispy chicken nuggets breaded with our secret recipe with à la crème sauce, bacon and french fries	16.90€

## Customers' Favorite

<b>MIX GRILL (2 people)</b> beef patties, pork chop steaks, lamb chops, chicken fillet, sausages, pork skewers, chicken skewers, french fries, grilled bell peppers, pita breads and variety of sauces	55.00€
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# fish & seafood





**Fried anchovies / Fried picarels** 9.90€

**Fried little squids / Fried shortfin squid** 9.90€

**Fried little shrimps** 9.90€

**Grilled sardines** 9.90€  
served on top of onion slices, with parsley

**Spicy "Saganaki" mussels** 14.90€   
with red pepper flakes, mustard, thyme and lemon juice

**Spicy "Saganaki" shrimps** 19.50€   
sauté in tomato, Greek Feta cheese P.D.O.,  
onion, garlic and herbs, steamed with ouzo

**Shrimps souvlaki grilled** 18.90€  
served with a variety of boiled vegetables & lime sauce

**Salmon grilled** 16.90€  
served with a variety of boiled vegetables & lime sauce

**Gilt-head bream grilled** 26.90€  
served open with a variety of boiled vegetables & lime sauce

**Octopus grilled** 18.90€

**Stuffed Squid "Calamari" grilled** 28.90€  
grilled squid stuffed with various cheeses,  
colourful bell peppers and extra virgin olive oil

**Squid "Calamari" ( A' quality) grilled** portion 26.90€ | kg / 49.90€

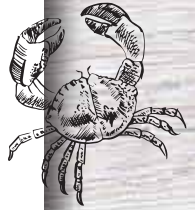
**White Grouper grilled** 26.90€  
served with a variety of boiled vegetables & lime sauce

**Red Porgy grilled** 29.00€  
served with a variety of boiled vegetables & lime sauce

**First quality fishes** kg / 75.00€

**MIX FISH** 49.50€  
... the entire sea into your plate !!!  
variety of grilled and fried fish  
served with boiled vegetables & lime sauce

**Special Seafood mix** 95.00€  
Lobster, grilled Squid, grilled Octopus,  
grilled Shrimps, Mussels, Crabs  
served with a variety of boiled vegetables & lime sauce



Spicy





# Old Ithaki special dishes

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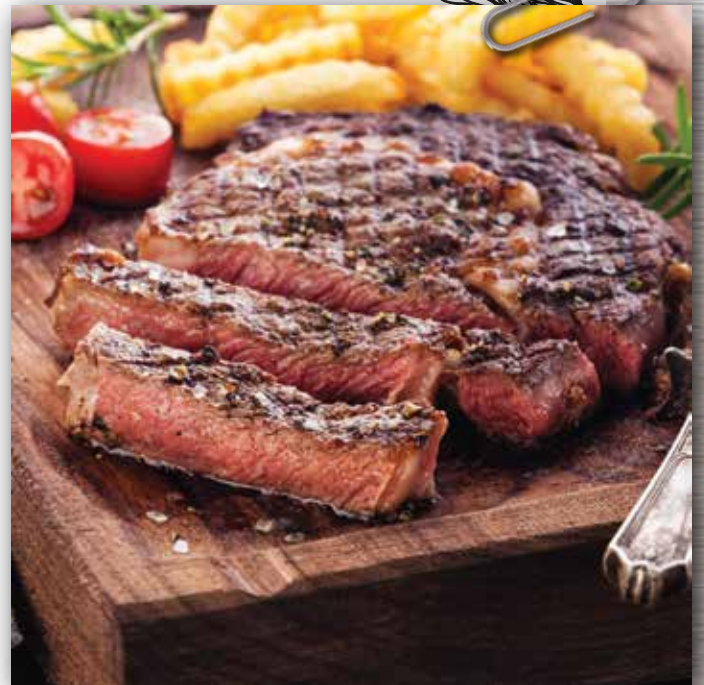




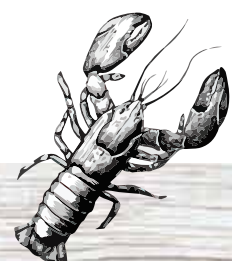
**Bon Fillet 250yp.**  
served with various spicy sauces  
29.90€



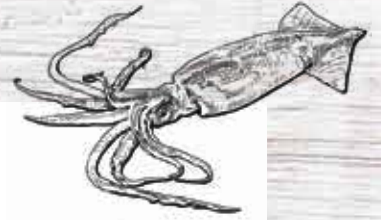
**Rib Eye 300yp.**  
Prime American rib steak  
served with grilled vegetables & herbs  
32.90€



**Lobster pasta**  
linguine with lobster with tomato sauce  
flavored with garlic, onion, ouzo,  
fennel & herbs  
47.50€ / per person







**Squid "Calamari" (A' quality) grilled (800gr-1000gr)**  
served with grilled vegetables  
49.90€



**Grilled Octopus tentacle**  
**from large octopus**  
every tentacle (500-600gr raw) served  
with olive oil-lemon dressing & herbs  
29.90€



**Mix Fillets**  
Bon Fillet, Rib Eye & Tenderloin  
served with grilled Halloumi cheese,  
pita bread & grilled vegetables  
59.90€

**Special Seafood mix**  
Lobster, grilled Squid, grilled Octopus,  
grilled Shrimps, Mussels & Crabs, served with  
a variety of boiled vegetables & lime sauce  
95.00€





# Vegan Choices



## Appetizers

<b>Olives</b>	4.00€
<b>Hummus</b>	5.90€
<b>Greek "Fava" from Santorini (P.D.O.)</b> <i>flavored with onion, capers, parsley and extra virgin olive oil</i>	7.90€
<b>French fries</b>	4.00€
<b>Oyster mushrooms</b>	6.90€
<b>Grilled spicy peppers</b>	6.90€
<b>Fried zucchini</b>	6.90€
<b>Falafel</b>	7.90€
<b>Dolmadakia</b> <i>Vine leaves stuffed with rice &amp; vegetables</i>	6.90€
<b>Grilled vegetables</b> <i>with balsamic syrup and sesame seeds</i>	12.90€

## Salads

<b>Old Ithaki salad</b> <i>arugula, cabbage, cucumber, iceberg lettuce, green onion, capers, peeled tomato, dried tomato, lemon vinaigrette</i>	14.90€
<b>Vegan Greek salad</b> <i>tomato, cucumber, onion, bell pepper, capers, Kalamata's olives, oregano &amp; extra virgin olive oil</i>	7.60€
<b>Salad with cherry tomatoes vegan</b> <i>Cherry tomatoes flavored with basil &amp; spring onion</i>	9.90€
<b>Boiled vegetables variety</b> <i>carrot, zucchini, broccoli, cauliflower, potato and season grasses, with lemon dressing</i>	12.90€
<b>Boiled wild greens salad</b>	6.90€

## Main Dishes

<b>Vegetable soup</b>	10.90€
<b>Mama Eve's Ghemista (stuffed vegetables)</b> <i>roasted stuffed tomatoes and bell peppers with rice, pine nuts and raisins</i>	12.90€
<b>Spaghetti Napolitana</b>	10.50€

*\*If you find attractive any other dish from the rest of our menu,  
ask us for a possible vegan version of it.*







CHEF - MARKETING REGULATIONS RESPONSIBLE: CHRISTOS KAPETANAKIS  
PRICES INCLUDE ALL LEGAL TAXES  
(V.A.T. 13% & 24% TO DRINKS & BEVERAGES, MUNICIPAL TAXES 0.5%)

Consumer, is not obligated to pay, if the notice of payment (receipt/invoice) has not been received.  
The establishment is obligated to have complaint forms in a special case, next to the exit door.

Our meat, fish, vegetables, fruit and potatoes are fresh.  
The mussels, the shrimps and the octopus are frozen.  
For cooking we use extra Virgin Olive Oil. For frying we use corn oil.

